

2024
7月份

展訊

Life SOAR News July 2024

道路从未停止，生命仍在燃烧



7月的话

立 / 敬献

首先向大家说声抱歉，7月份的《展讯》在同工们行程都几乎排满了的情况下延迟完成，盼望完成的这份简单的报告能够给予关注我们的您在这事工上的种种资讯，也盼望可以带您一同到事工最前线与我们一同经历一个又一个生命的改变，每一个恩典时刻以及奋力经营的现场。上半年在眨眼间就过去了，原本计划放缓下来做调整的打算似乎没有如我们所愿地发生。精彩又充实的上半年给予了我们非常大的鼓励，许多新的合作项目以及事工开展，更是让我们看见上帝的印证！



进入 2024 的下半年，也正是我们要筹备八月份全年重头大型活动 Vida Cup 的高峰期。犹记得过去筹备这个球赛至少腾出最后一个月来专注完成每一项预备工作，确保球赛可以将最好的带给所有球队以及参加者。然而，看着我们7月份的行程，就发现我们根本没有放缓下来的意思，整个七月份竟然也排满了各项培训事工以及营会。看起来不单止没有放缓，整个的忙碌程度以及冲刺的激烈程度，都远远超过我们过去所经历过的，见证着一个又一个项目被完成，我们深深体会，一天的需要，支取一天的力量与恩典。

随着现有事工持续填满行程，我们也看见许多值得期待的后续发展，接下来八月份至九月份，我们将会陆续接待来自不同年龄，不同背景，不同国籍的参访团，同时也收到我们明年正式受邀到神学院授课的消息，种种的发展总是令人振奋！

欢迎在各个社交平台继续留守我们的最新进展，再次感谢每一个持续关注并支持 Life SOAR 的您！

I would say that July has been our most hectic and exciting month yet for 2024. With our schedules packed with numerous ministries and training sessions, we would like to extend our apology for the late release. The past month has been a great encouragement to us, in which amidst all hecticness, we unceasingly felt blessed and supported. Lives impacted, communities built and gospel shared!

To highlight our outreach programs and ministries, we especially look forward to August and September as Life SOAR and the team will be hosting different groups from different nationalities, cultures and age groups. What's even more exciting is that Life SOAR is invited to teach an elective course in Seminary Theology Malaysia next year! (Further updates soon, stay tuned.)

Once again we would like to extend our gratitude for showing your love and support all this while. Together, we hope to persist in creating meaningful impact and contributing to positive change in the community. Do keep an eye out for what's coming next!



COPA IBA

06/07



作为马来西亚历史最悠久的队长球赛 COPA IBA, 直到 2024 年仍然继续举办。Life SOAR 派出数只球队前往参赛, 为接下来的球队发展与进展热身, 学习在不一样的赛制中继续奋斗。

As Malaysia's longest-running Captainball tournament, COPA IBA continues to be held even in 2024. Life SOAR has sent several teams to participate, using this opportunity as a warm-up for the development of the teams, learning to strive under different competition.



Melawati 卫理公会家庭营

Melawati CMC Family Camp

06-08/07

敬献老师受邀请到 Melawati 卫理公会家庭营分享信息, 陪伴着弟兄姐妹度过三天两夜的营会, 一起透过活动体会生活中的美好, 一起学习反思生命, 重新省思信仰与生活。

Bro. JX was invited to share messages at a three-day, two-night Melawati Methodist Church family camp. Besides bonding through various activities, bro JX led campers to reflect on life, and reexamine their faith and daily living.



卓越欣荣家庭教会学生营

Joyous Glorious Resources Centre Student Camp

11-12/07

位于霹靂州实兆远的欣荣卓越家庭教会所开办的学校, JGRC 以及 JLC, 共有一百多位的学生, Life SOAR 团队受邀负责学校一年一度的学习营, 为学生带来各类的体验教育培训以及学习。透过团队活动、小组学习以及竞赛, 学生们有机会学习为自己订下生活目标, 同时学习与他人共事, 共同成长与突破!

Joyous Glorious Resources Centre in Sitiawan, Perak, with over a hundred students, has invited Life SOAR team to lead the schools' annual learning camp. Through team activities, group learning and competitions, students had the chance to set personal life goals, learn to collaborate with others and grow together while overcoming challenges.



队长球交流赛

Captainball Friendlies

12, 14, 28/07



作为备战 2024 年 Vida Cup, 好多球队都预备进入大赛状态, 各自发起交流赛, 作为大赛前的热身。

In preparation for 2024 Vida Cup, many teams are gearing up for the tournament by organising friendly matches as a warm-up before the big event.

发起以及参与的球队包括:

The teams involved include:

- GHKL
- The A.R.K.
- Seremban Wesley Methodist Church
- HUHA
- SGC
- Together We
- GSSW
- Alpha Aces
- The Skewers
- Thunderwoofs
- Pythons

Blocker Workshop by FITSIO

21/07

随着队长球这项新兴运动的崛起, 大家都看见提升这项球类专业度的需求。感恩在这段时间遇上了 FITSIO, 一个专业培训 Strength and Conditioning 的专业培训中心, 旨于帮助各项运动的运动员提升身体机能以及体育运动表现。

Blocker 作为队长球中非常重要的一个角色, 这次 FITSIO 为大家带来一个非常针对性的工作坊, 主要帮助球员们提升弹跳力, 核心力量以及减低伤病。盼望接下来可以有更多这类的专业工作坊, 一同为步向专业化尽一份力!

As captainball rises in popularity, the need to elevate the professionalism of the sport has become increasingly evident. We are grateful to have encountered FITSIO during this time—a professional Strength and Conditioning training centre dedicated to enhancing athletes' physical abilities and sports performance.

The role of the blocker is crucial in Captainball. Hence, FITSIO has tailored a highly targeted workshop to help players improve their jumping ability, core strength and injury prevention. We hope to see more specialised workshops like this in the future as we work together to push the sport toward greater professionalism.



双福【爱助扶】义卖会 Dual Blessings Charity Sale 21/07



自从后疫情时期开始，双福就成为了 Life SOAR 定期配搭的合作单位，今年也不例外。除了今年年头的筹款晚宴，来到了下半年，我们同样参与在筹款义卖会的筹备以及执行中。今年，Life SOAR 同样号召了一批的年轻义工，从中学生、大学生到职青，都腾出这个宝贵的周末，参与在义卖会的义工行列当中。

我们学习服事，并不是因为我们多厉害，也不是因为我们多伟大，而是因为我们有机会学习如何为他者，学习在困境中坚持，学习在对的事情上承担。谢谢双福给予服事以及学习的机会！

Since the post-pandemic period began, Dual Blessing Berhad has become a regular partner of Life SOAR. This year is no exception. In addition to the fundraising dinner earlier this year, we have also been involved in the planning and execution of the fundraising bazaar in the second half of the year. This time, Life SOAR rallied, again, a group of young volunteers, ranging from high school and university students to young professionals, all of whom dedicated their valuable weekend to participate as volunteers in the bazaar.

We learn to serve not because we are exceptionally skilled or great but because we have the opportunity to learn how to care for others, to persevere in difficult circumstances and to take responsibility for doing what is right. We are grateful to Dual Blessing for providing us with the opportunity to serve and learn!

仁嘉隆福音堂少年营 Jenjarom Gospel Hall Youth Camp 26-28/07

仁嘉隆福音堂青少年营会【丰盛的人生】，邀请到 Life SOAR 团队为他们带来 4 天 3 夜的学习及体验。透过各类欢乐的体验以及团队活动，从室内到室外，让所有青少年一起度过美好的一个营会。其中三个环节在进行分班学习的过程当中，Senior 组别透过工作坊思考个人恩赐的建立，以及探索在个人成长当中的需求。



The Jenjarom Gospel Hall Youth Camp, with the theme "Abundant Life", invited Life SOAR team to lead a 4-day, 3-night learning and experiential retreat. Through a variety of joyful experiences and team activities, both indoors and outdoors, the camp provided the youth with a wonderful time together. During three specific sessions of the camp, the Senior group participated in workshops focused on reflecting on the development of personal gifts and exploring the needs within their personal growth.



例行活动 Regular Activities

中心开放

Youth Centre Operating Hours

周一至周五 Mon - Fri 10:00am - 6:00pm



队长球 Funday Captainball Funday

每逢周一 Monday 8:00pm - 10:00pm Arena Sukan Kuala Lumpur

Life SOAR 球队练习 Weekly Team Training Session

每逢周五 Friday 8.00pm - 10.00pm Court H Taman Melawati



地里望又多一踪少年中心 Telemong DYC

每逢周三 Every Wednesday

青年小组 Youth Cell Group

每月一次 Once A Month



青年主日 Youth Worship

每月第四个主日 Every Fourth Sunday



邓敬献弟兄

事工主任

敬献弟兄本月除了的事工上忙碌，同时在个人生活中也有值得感恩回顾的事情。由于敬献弟兄的父母在海外服事，没办法随时回到马来西亚，因此借着他们七月份一个月假期回到，敬献弟兄已在7月与未婚妻与檳城注册，婚礼感恩会则会过后再安排举行。

此外，接下来数月会有好多来自不同国籍、文化、年龄层的群体即将到访，敬献弟兄需要扮演招待并协调的角色，此外还需要筹备几个非常大型的事工，需要负上非常大的责任。

代祷事项：

- 为着进入婚姻阶段，求主看顾并赐福于婚姻生活。
- 为着进入新阶段，在家庭与工作上的平衡。
- 为着持续不断接触新的群体，建立新联系，求主保守，不忘记起初的爱心。

近况

- 近期完成vida cup，就立刻要预备midterm，感谢主一切都还顺利。
- 学期进入下半部分，需要更多时间投入在学业里面。

代祷事项

- 为着身心灵的健康祷告，近期因为课业的繁忙加上sport science很多practical的课，身心灵都有一定的疲惫，求主赐我健康和安慰。
- 为着筹备年尾的球队方向和活动，求主赐我聪明智慧和异象，能够更好的带领球队，继续实践为他者的异象。



张民雄弟兄

体育事工主任

旬道弟兄现处于较为迷茫的阶段，对于未来的方向仍在祷告、探索中，需要更明确的规划。

代祷事项：

- 为着家人的健康以及需要祷告，求神在物质、肉体以及心灵上供应并且保守旬道的家人。
- 为着旬道的未来规划祷告，求神带领并赐智慧。



黄旬道弟兄

Life SOAR 工读生

8月份事工 预告

03/08

Vida Cup 2024

05-09/08

中国游学团
China Students Visitation

10/08

卫理公会中四教区队长球赛
Chinese Methodist Central District 4 Captainball
Tournament

11/08

Sg Long 卫理公会青专主日
Sg Long CMC Youth Special Meeting

15-16/08

台湾静宜大学社会服务团
Providence University Social Service Group

17/08

大城堡卫理公会社会服务
Sri Petaling CMC Social Service

22/08

Love Cheras 牧者团契体育事工分享
Cheras Pastors Fellowship Sports Ministry Sharing



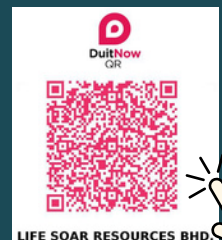
财务状况

项目 Item	收入 Credit	支出 Debit
同工津贴 Salary and Allowance		RM7000
行政+事工开销 (租金、网络、水、电、交通、活 动器材、杂费) Administration Expenses (Rental, Internet, Electricity, Water, Travel, Event Equipments, Miscellaneous)		RM5508.10
爱心奉献 Love Gift	RM2850	
	户口余额 Balance (截至 7月31日 As Per 31/7)	RM46338.16

支持我们! Support us!

每月预算 Monthly Expenses

- 行政开销 Administrative Expenses - RM3000
- 同工津贴 Salary and Allowances - RM7000
- 事工开销 Ministry and Miscellaneous - RM2000



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